



## [Seminar series Programme](#)

### [Seminar 1 – 24 Sep 2022](#)

**Part one**- reflections on the Francis Bacon exhibition at the Royal Academy - "Man and Beast" - looking at Bacon's access to, and the power of, the "animal/visceral" in his own unconscious and the roots of this in his early life. Then suggesting some reasons why "Animal Familiars" may have grown up in shamanic practice throughout the world as a conduit to powerful unconscious processes.

**Part two** - relating this to Peruvian shamanism and some personal experiences in my analytic practice.

### [Seminar 2 – 29 Oct 2022](#)

**Part one** - reflections on the Peru exhibition at the British Museum - "A Journey in Time" - looking at the fluidity of time and space in Andean thought - the way that the present is seen to affect the past (very different from a western linear view of time where the past affects the present affects the future).

**Part two** - relating this to my analytic practice and the way the experience in the present in the Analytic space, affects the traumas of the past including interuterine and birth experiences.

### [Seminar 3 – 26 Nov 2022](#)

**Part one** - the work of Christopher Bache and his book "LSD and the mind of the Universe" where he charts 73 closely monitored LSD trips he took over 25 years, and the different layers of the Collective Unconscious he navigated.

**Part two** - Accessing a few of these layers in analytic work without recourse to drugs but not on one's own as Bache was but in relationship with another in the analytic space.

### [Seminar 4 – 28 Jan 2023](#)

**Part one** - Jung's ideas about shamanism, and also the work of Stanislav Grof augmenting analysis with mind altering drugs.

**Part two** - Windows into working in this way as a part of normal analytic practice but.... without any additives.

#### Reading recommendations:

Francis Bacon catalogue - RA exhibition - "Man and Beast", YouTube video about Ted Hughes - "Stronger than death", BM Peru exhibition "Journey in Time", Book by Christopher Bache - "LSD and the mind of the Universe".  
"Healing Our Deepest Wounds: The Holotropic Paradigm Shift" by Stanislav Grof.