



THE SOCIETY OF ANALYTICAL PSYCHOLOGY

FOUNDATIONS OF ANALYTICAL PSYCHOLOGY AN INTRODUCTORY COURSE IN JUNGIAN AND POST-JUNGIAN CONCEPTS

This course introduces key Jungian and Post–Jungian concepts in analytical psychology through a series of seminars presented by analyst members of the SAP and by selected guest speakers. Each seminar includes opportunities for discussion in both main- and small-group settings, the latter being facilitated by analyst and therapist members of the SAP.

Course Format:

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| 19h00 – 20h15 | Seminar Talk and Discussion |
| 20h15 – 20h30 | Tea break |
| 20h30 – 21h30 | Small group discussion |

Venue: The Society of Analytical Psychology, 1 Daleham Gardens, London, NW3 5BY

Course Meetings: Wednesday evenings; 30 meetings over 3 terms

Course Convenor : Elizabeth Scharsachs

Public Events Administrator: Gita Khalatbari

Cost: £1200

Note: Payment plans can be made available if required.

Registration: Please contact Gita on 020 7435 7696 or publicevents@thesap.org.uk for a registration form, or visit our course website at <http://www.thesap.org.uk/foundations-of-analytical-psychology>

Programme

Autumn Term

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| 23-Sep-20 | Malcolm Rushton | <i>Jung's Model of the Psyche</i> |
| 30-Sep-20 | Susanna Wright | <i>The Unconscious</i> |
| 07-Oct-20 | Clare Landgrebe | <i>Complexes and Archetypes</i> |
| 14-Oct-20 | Rupert Tower | <i>The Shadow</i> |
| 21-Oct-20 | Warren Colman | <i>The Self</i> |
| 28-Oct-20 | Half Term | |
| 04-Nov-20 | Michael Cullinan | <i>Transcendent Function</i> |
| 11-Nov-20 | Christine Driver | <i>The Ego-Self Relationship</i> |
| 18-Nov-20 | Jan Wiener | <i>Therapeutic relationship</i> |
| 25-Nov-20 | Marcus West | <i>Neurobiology, Trauma and Jung</i> |
| 02-Dec-20 | Lara Lagutina | <i>Analytical Psychology and the Body</i> |

Spring Term

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| 13-Jan-21 | Lucinda Hawkins | <i>Jung the Man</i> |
| 20-Jan-21 | George Bright | <i>The Red Book</i> |
| 27-Jan-21 | George Bright | <i>Active Imagination</i> |
| 03-Feb-21 | Bob Withers | <i>Alchemy</i> |
| 10-Feb-21 | Ali Zarbafi | <i>Dreams</i> |
| 17-Feb-21 | Half Term | |
| 24-Feb-21 | Roderick Main | <i>Synchronicity</i> |
| 03-Mar-21 | George Bright | <i>Spirituality and Jung</i> |
| 09-Mar-21 | Martin Schmidt | <i>Individuation</i> |
| 17-Mar-21 | Jay Barlow | <i>Exploring Object Relations</i> |
| 24-Mar-21 | Maggie McAlister | <i>Jungian Perspectives on Psychosis and Dissociation</i> |

Summer Term

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| 28-Apr-21 | Warren Colman | <i>The Self – Further Thoughts</i> |
| 05-May-21 | Katherine Killick | <i>Regression and Intensive Analysis</i> |
| 12-May-21 | Penny de Haas Curnow | <i>Post Jungian Infant Development Theory</i> |
| 19-May-21 | Jay Barlow | <i>Birth to Infancy</i> |
| 26-May-21 | TBA | <i>Childhood</i> |
| 02-Jun-21 | Half Term | |
| 09-Jun-21 | Marica Rytovaara | <i>Adolescence</i> |
| 16-Jun-21 | Clare Landgrebe | <i>Forming Relationships</i> |
| 22-Jun-21 | Lara Lagutina | <i>Mid-Life</i> |
| 30-Jun-21 | Malcolm Rushton | <i>Mature Life</i> |
| 07-Jul-21 | Julia Paton | <i>Transitions and Rebirth: The Individuation Process in Later Life Jungian Perspectives on Living and Dying</i> |

About the SAP members and Guest speakers...

Jay Barlow

Jay is the Director of Training at the SAP and a Training Analyst. He has an MA in Jungian and Post-Jungian Studies and has worked as a psychoanalytic psychotherapist in the NHS. He has a private practice in Clapham, and supervises developing analytic groups in Eastern Europe.

George Bright

George is a Supervising Analyst of the Society of Analytical Psychology. He works in private practice in West London.

Warren Colman

Warren is a training and supervising analyst of the Society of Analytical Psychology and former Editor-in-Chief of the Journal of Analytical Psychology. He teaches, lectures and supervises internationally and has published many papers on diverse topics, including couple interaction, sexuality, the self, synchronicity and the therapeutic process. His book, *Act and Image: The Emergence of Symbolic Imagination* was published in 2016. He is in full time private practice in St. Albans.

Dr Michael Cullinan

Michael Cullinan is an Analyst (Jungian) and a member of the Society of Analytical Psychology since 2001. Dr Cullinan trained originally as a mathematician and, along the way, has contributed technically to several major engineering projects in the off-shore, aerospace and food industries in the UK. Dr Cullinan is in full-time private analytic practice near London.

Christine Driver

Christine is a training analyst of the SAP. She teaches, supervises and works in private practice and was Director of Training and Clinical Services at WPF Therapy. She has written, *The Self and the Quintessence* (Routledge 2020) and co-written and co-edited *Being and Relating in Psychotherapy: Ontology and Therapeutic Practice* (Palgrave 2013), *Supervision and the Analytic Attitude* (Whurr 2005) and *Supervising Psychotherapy* (Sage 2002).

Penny de Haas Curnow

Penny de Haas Curnow is a training analyst of the SAP, in private practice in London. She has presented workshops and papers internationally and in the UK for many years. She has introduced, taught and is evolving the process *Activating the Artist in the Analyst* to include the study psychically and visually of transformative processes. Her particular interest is in an aesthetic representational imperative, trauma and the unrepressed unconscious.

Lucinda Hawkins

Lucinda Hawkins is a training analyst of the Society of Analytical Psychology, on the Editorial Board of the Journal of Analytical Psychology and currently Book Review Editor. Formerly an editor and art historian, she has worked as a psychotherapist in the NHS and is now in private practice in North London. Her view of Jung as a man is informed by an interest in attachment and early trauma. With Alessandra Cavalli and Martha Stevens she commissioned and edited the book *Transformation: Jung's Legacy and Clinical Work Today*, published by Karnac in 2013.

Katherine Killick

Katherine Killick works in private practice in Central Bedfordshire. She is a Training Analyst for the Society of Analytical Psychology and a Training and Supervising Analyst for the British Jungian Analytic Association. She has taught and published widely on the subject of her work as an art therapist in NHS adult mental health services, where she developed a specialised psychotherapeutic approach to psychosis. She contributes to the training programmes at the SAP, the BJAA, and the West Midlands Institute of Psychotherapy.

Dr Lara Lagutina

is Programme Director for the Analytic Training at the SAP. She is a Jungian Analyst and a Clinical Psychologist, with a specialist training in working with trauma and a particular interest in early and developmental trauma. She works in full time private practice in South East London and recently published a chapter "Facing death: Sandplay at the threshold" in *The Routledge International Handbook of Sandplay Therapy* (Ed. B. Turner, Routledge, 2017).

Clare Landgrebe

Clare is a Training Analyst of the Society of Analytical Psychology and has a private practice in West Sussex. She originally trained as a Social Worker and then worked as a couple counsellor and supervisor for Relate. She lectures and teaches in London and Sussex and has developed the SAP's Therapeutic Skills course.

Roderick Main (invited guest speaker)

Roderick is a professor in the Department of Psychosocial and Psychoanalytic Studies at the University of Essex, where he is also Director of the Centre for Myth Studies. He was Deputy Dean (Education) from 2014 to 2016, Director of the Centre for Psychoanalytic Studies from 2008 to 2012, and Programme Director of the MA Jungian and Post-Jungian Studies from 2002 to 2009. His books include *Jung on Synchronicity and the Paranormal* (1997), *The Rupture of Time: Synchronicity and Jung's Critique of Modern Western Culture* (2004), *Revelations of Chance: Synchronicity as Spiritual Experience* (2007), and most recently *Myth, Literature, and the Unconscious* (2013).

Maggie McAlister

Maggie is a Jungian Analyst and forensic psychotherapist, working in the NHS within a Medium Secure Unit for mentally ill offenders, where she has been employed for the past fifteen years. Previous to her training at the SAP, she worked as an HPC registered drama therapist in adult mental health, in community, inpatient and forensic settings. She is a senior lecturer for the MSc in 'Psychotherapeutic Approaches to Mental Health' jointly run by WLMHT and Bucks New University. She also has a private practice in North London.

William Meredith-Owen

William is a supervising analyst of the SAP and training analyst of the BPF, having recently retired as a Joint Editor-in-Chief of the *Journal of Analytical Psychology*. His particular interests are the interface of Jungian and Kleinian practice and the difficulties besetting training analyses. He is in private practice in Stratford-upon-Avon and London.

Julia Paton

Julia Paton is a member of the Society of Analytical Psychology and works in private practice in central London. She has worked at the Royal Marsden and Freedom from Torture and as a seminar leader at the WPF and the SAP.

Dr Malcolm Rushton

Malcolm is a training analyst of the SAP and works full time as an analyst in private practice. He has an interest in antiquities from various cultures as well as symbolism and shamanism in ancient art, this is expressed in his wide-ranging collection.

Marica Rytovaara

Marica is a training analyst of the SAP and on the Editorial Advisory Board for the *Journal of Analytical Psychology*. She is a Training Analyst for the Association of Child Psychotherapists and works full time as a Consultant in Adolescent Psychotherapy in an NHS Adolescent Inpatient Unit. She has a small private practice in North London.

Martin Schmidt

Martin Schmidt is a Jungian analyst (training analyst of the Society of Analytical Psychology, London) psychologist and lecturer on the post-graduate arts therapies programmes at the Universities of Roehampton and Hertfordshire. He is in private practice in London and teaches widely both in the UK and abroad. His paper 'Psychic Skin: psychotic defences, borderline process and delusions' (Feb 2012, Vol 57, no 1) won the Fordham prize for best clinical paper in the JAP in 2012 and was nominated for the Gradiva award by the National

Association for the Advancement of Psychoanalysis, New York in 2013. He is currently the IAAP liaison person for Serbia and provides support, teaching and supervision for Jungian analysts and trainees in Serbia, Ukraine and Kazakhstan.

Rupert Tower

Rupert Tower is a psychologist and Jungian Analyst of the Society of Analytical Psychology in private practice in Hampstead. Previously he worked in the Arts and as an Applied Social Psychologist and Director of an international qualitative research consultancy. He has published articles on Social Psychology, Market Research and Jung's concept of the Shadow in organizations. Currently he teaches across several Jungian organisations.

Marcus West

Marcus West is a Training Analyst and supervising analyst of the Society of Analytical Psychology and UK Editor-in-chief of the Journal of Analytical Psychology. He is the author of a number of published papers, one of which won the Michael Fordham Prize in 2004, and three books: Understanding Dreams in Clinical Practice; Feeling, Being and the Sense of Self; and Into the Darkest Places - Early Relational Trauma and Borderline States of Mind. He works in private practice in West Sussex.

Jan Wiener

Jan Wiener is a training and supervising analyst and she has recently completed a term of office as Director of Training. She teaches and supervises in the UK and internationally, especially in Eastern Europe. She has published widely on themes such as training, supervision and ethics. She has written/edited four books, the most recent of which, From Tradition to Innovation: Jungian Analysts working in different Cultural Settings, was edited with Catherine Crowther and published by Spring Journal, Inc in 2015

Robert Withers

Robert is an SAP member in private practice at the Rock Clinic Brighton, which he co-founded with his wife Melanie Withers in 1990. His 1979 thesis, 'Towards a Psychology of Homeopathy' applied Jung's approach to alchemy to the understanding homeopathy. The thesis proposed that the roots of homeopathy lie in the alchemical medicine of Paracelsus and that Jung's insights into the psychology of alchemy can therefore help illuminate the psychological mechanisms at work in homeopathy. He has written and lectured widely on this and a number of related topics. He is currently senior lecturer in mind body medicine on the M.Sc. program at the inter-university College Graz.

Susanna Wright

Susanna Wright is a supervising analyst of the Society of Analytical Psychology, and a Training Therapist and Supervisor for the British Psychotherapy Foundation and Westminster Pastoral Foundation. She has an MA in the psychodynamics of organisations and has worked in organisational consultancy. She recently retired as a co-Editor in Chief of the Journal of Analytical Psychology and works in private practice in North London.

Ali Zarbafi

Ali Zarbafi is a Jungian Analyst with 20 years clinical experience in the NHS and private practice. He is founder member of the Multi-lingual Psychotherapy Centre and co-author of 'Social Dreaming in the 20th Century: The world we are losing'.

About the SAP members facilitating this Foundations Course...

Elizabeth Scharsach (Convenor and Facilitator)

Elizabeth Scharsach is a member of the SAP and works in private practice in Tring, Hertfordshire. Between 1995 and 2007 she worked as a Psychodynamic Counsellor, Assessor and Teacher at an affiliate of the WPF. For several years she was employed by MIND as a leader and tutor for numerous courses. Originally, Elizabeth was an English and Drama teacher. Her passion for theatre, poetry and Shakespeare is still maintained.

Bob Clyde (Facilitator)

Bob is a Psychotherapy member of the SAP. Particular clinical interests include borderline states and synchronistic field phenomena. More theoretically, he is also interested in the work of the Boston Change

Process Study Group (BCPSG). Particularly their research into how knowledge of developmental process can creatively inform psychoanalytic therapies and aid understanding of change within treatment. He has worked in the NHS and now is in private practice in south East London.

Geralyn Collins (Facilitator)

Geralyn is a Psychotherapy member of the SAP, working mostly in private practice in Berkshire. She is also an SAP-trained Supervisor and currently supervises Dynamic Interpersonal Therapy within several NHS Trusts. Her MA project researched into Object Relations and Twins. She has been a training supervisor and a postgraduate tutor in Psychodynamic Studies at Reading and Oxford Universities respectively. Her career started in Neurophysiology research and as an Editor of Ciba Foundation Symposia

Paula Robertson (Facilitator) is a Psychotherapy member of the SAP and works in private practise in Rutland and in the NHS in Leicester. The power of the image and the power of early experience continue to intrigue and surprise her.

What recent Foundations Course participants have said...

"The SAP Foundations Course has been deeply stimulating and satisfying. I expected a fairly academic introduction to Jungian thinking. Instead, it has been a very personal experience of learning and sharing with tutors and other participants."

"I am a professional in the field and this is not the first course I have attended so far. The Foundation Course at SAP has been outstanding, inspirational, with the right balance of high calibre academic lectures and experiential group activities; it has helped me in my work with patients and encouraged me to pursue further training. I highly recommend it."

"It's been a stimulating, thought-provoking and moving experience provided by a marvellously diverse range of inspiring analysts in the company of curious, compassionate and sometimes challenging people. Thank you."

"It has been a thoroughly worthwhile experience: a chance to learn from expert Jungian practitioners, accompanied by a diverse group of people whose warmth and engagement have helped make this a true learning opportunity. All in a wonderful setting surrounded by books. What more could I ask?"

"It has been a unique experience in the sense of finding out more about Jung and Analytical Psychology. Also, the dynamics of the small group sessions were amazing and, to me, it gave an opportunity for self-reflection and even self-discovery. It has been a wonderful journey."

"I found the foundations course very informative as well as a rich and engaging experience. I particularly appreciated the teaching style which I think distinguishes the SAP: sincere and thoughtful as well as grounded in the personal experience of the analysts. I really enjoyed the discussion groups, which helped me further digest the concepts, ask questions and share impressions and personal experiences in a thoughtful and emotionally engaging way with the other participants. I have also met new colleagues and people with similar interests, which in itself has been very valuable."