



# THE SOCIETY OF ANALYTICAL PSYCHOLOGY

## FOUNDATIONS OF ANALYTICAL PSYCHOLOGY AN INTRODUCTORY COURSE IN JUNGIAN AND POST-JUNGIAN CONCEPTS

This course introduces key Jungian and Post–Jungian concepts in analytical psychology through a series of seminars presented by analyst members of the SAP and by selected guest speakers. Each seminar includes opportunities for discussion in both main- and small-group settings, the latter being facilitated by analyst members of the SAP.

### **Course Format:**

19h00 – 20h15	Seminar Talk and Discussion
20h15 – 20h30	Tea break
20h30 – 21h30	Small group discussion

**Venue:** The Society of Analytical Psychology, 1 Daleham Gardens, London, NW3 5BY

**Course Meetings:** Wednesday evenings; 30 meetings over 3 terms

**Course Convenor :** Lara Lagutina

**Public Events Administrator:** Gita Khalatbari

**Cost:** £1200

Note: Payment plans can be made available if required.

Registration: Please contact Gita on 020 7435 7696 or [publicevents@thesap.org.uk](mailto:publicevents@thesap.org.uk) for a registration form, or visit our course website at <http://www.thesap.org.uk/foundations-of-analytical-psychology>

## Programme

### Autumn Term

18-Sep-19	Malcolm Rushton	Jung's Model of the Psyche
25-Sep-19	Lucinda Hawkins	Jung the Man
02-Oct-19	Warren Colman	The Self
09-Oct-19	Clare Landgrebe	Complexes and Archetypes
16-Oct-19	George Bright	The Red Book
23-Oct-19	<b>Half Term</b>	
30-Oct-19	Robert Withers	Alchemy
06-Nov-19	Roderick Main	Synchronicity
13-Nov-19	Christine Driver	The Ego-Self Relationship
20-Nov-19	Maggie McAlister	Jungian Perspectives on Psychosis and Dissociation
27-Nov-19	Jan Wiener	Transference and Countertransference

### Spring Term

15-Jan-20	Katherine Killick	Why Intensive Analysis
22-Jan-20	Wendy Bratherton	Analytical Psychology and the Body
29-Jan-20	Elizabeth Urban	Post Jungian Infant Development Theory
05-Feb-20	(To be advised)	Transcendent Function
12-Feb-20	Marcus West	Neurobiology, Trauma and Jung
19-Feb-20	<b>Half Term</b>	
26-Feb-20	Ali Zarbafi	Dreams
04-Mar-20	George Bright	Active Imagination
11-Mar-20	Christopher Perry	The Shadow
18-Mar-20	Jay Barlow	Spirituality
25-Mar-20	Martin Schmidt	Individuation

### Summer Term

22-Apr-20	Warren Colman	Models of the Self
29-Apr-20	Susanna Wright	The Unconscious
06-May-20	William Meredith-Owen	Exploring Object Relations
13-May-20	Elizabeth Urban	Birth to Infancy
20-May-20	Alessandra Cavalli	Childhood
27-May-20	<b>Half Term</b>	
03-Jun-20	Marica Rytovaara	Adolescence
10-Jun-20	Clare Landgrebe	Forming Relationships
17-Jun-20	Lara Lagutina	Mid-Life
24-Jun-20	Malcolm Rushton	Mature Life
01-Jul-20	Julia Paton	Transitions and Rebirth: The Individuation Process in Later Life Jungian Perspectives on Living and Dying

## About the SAP members and Guest speakers...

### **Jay Barlow**

Jay is the Deputy Director of Training (Analytical Training) at the SAP and has an MA in Jungian and Post-Jungian Studies. He has worked as a psychoanalytic psychotherapist in the NHS and is currently a clinical supervisor, seminar leader and tutor at WPF Therapy. He has a private practice in Clapham.

### **Wendy Bratherton**

Wendy is a training analyst of the SAP and in private practice in Cambridge. She is a training analyst and supervisor for the BPF. She runs an Infant Observation Seminar for the SAP and BPF in Cambridge. She also works as a Biodynamic Craniosacral Therapist. She is interested in the psyche-soma connection. She has also trained in the work of Canadian Jungian Analyst, Marion Woodman, called BodySoul Rhythms. This aims to integrate and embody Jungian dreamwork through deep relaxation, movement, voice and mask work.

### **Judith Brech**

Judith is a training analyst of the SAP. She works full time in her private practice in Oxford. She used to work in the NHS, for the Oxford Primary Care based Counselling and Psychology Service.

### **George Bright**

George is a Supervising Analyst of the Society of Analytical Psychology. He works in private practice in West London.

### **Alessandra Cavalli**

Alessandra (PhD) is child and adult trained analyst in private practise. She is training and supervising analyst at SAP, and the organising tutor of a child and adolescent psychotherapy training in Russia. She supervises work with street children for the Mexican NGO Juconi.

### **Warren Colman**

Warren is a training and supervising analyst of the Society of Analytical Psychology and Consultant Editor of the Journal of Analytical Psychology. He teaches, lectures and supervises internationally and has published many papers on diverse topics, including couple interaction, sexuality, the self, synchronicity and the therapeutic process. His book, *Act and Image: The Emergence of Symbolic Imagination* was published in 2016. He is in full time private practice in St. Albans.

### **Christine Driver**

Christine is a training analyst of the SAP. She teaches, supervises and works in private practice and was Director of Training and Clinical Services at WPF Therapy. She has written and co-edited *Being and Relating in Psychotherapy: Ontology and Therapeutic Practice* (Palgrave 2013), *Supervision and the Analytic Attitude* (Whurr 2005) and *Supervising Psychotherapy* (Sage 2002). She has also written a number of papers and undertaken research into psychology and religion.

### **Lucinda Hawkins**

Lucinda Hawkins is a training analyst of the Society of Analytical Psychology, on the Editorial Board of the Journal of Analytical Psychology and currently Book Review Editor. Formerly an editor and art historian, she has worked as a psychotherapist in the NHS and is now in private practice in North London. Her view of Jung as a man is informed by an interest in attachment and early trauma. With two SAP colleagues she commissioned and edited the book *Transformation: Jung's Legacy and Clinical Work Today*, published by Karnac in 2013.

### **Katherine Killick**

Katherine works in private practice in Bedfordshire. Before training as an analyst, she worked in acute adult mental health services as an art therapist, where she developed a specialised psychotherapeutic approach to psychosis. She has published widely on this subject. She maintains a commitment to working with regressed states of mind in her analytic practice. She contributes to her teaching on the trainings at the Society of Analytical Psychology, where she is a Training Analyst, and the British Jungian Analytic Association, where she is a Training Analyst and Supervisor.

**Lara Lagutina**

Lara Lagutina is a Jungian Analyst and Clinical Psychologist. She has specialist training in working with trauma and recently published a chapter "Facing death: Sandplay at the threshold" in *The Routledge International Handbook of Sandplay Therapy* (Ed. B. Turner, Routledge, 2017). She works in full time private practice in London.

**Clare Landgrebe**

Clare is a Training Analyst of the Society of Analytical Psychology and has a private practice in West Sussex. She originally trained as a Social Worker and then worked as a couple counsellor and supervisor for Relate. She lectures and teaches in London and Sussex and has developed the SAP's Therapeutic Skills course.

**Roderick Main** (invited guest speaker)

Roderick is a professor in the Department of Psychosocial and Psychoanalytic Studies at the University of Essex, where he is also Director of the Centre for Myth Studies. He was Deputy Dean (Education) from 2014 to 2016, Director of the Centre for Psychoanalytic Studies from 2008 to 2012, and Programme Director of the MA Jungian and Post-Jungian Studies from 2002 to 2009. His books include *Jung on Synchronicity and the Paranormal* (1997), *The Rupture of Time: Synchronicity and Jung's Critique of Modern Western Culture* (2004), *Revelations of Chance: Synchronicity as Spiritual Experience* (2007), and most recently *Myth, Literature, and the Unconscious* (2013).

**Maggie McAlister**

Maggie is a Jungian Analyst and forensic psychotherapist, working in the NHS within a Medium Secure Unit for mentally ill offenders, where she has been employed for the past fifteen years. Previous to her training at the SAP, she worked as an HPC registered drama therapist in adult mental health, in community, inpatient and forensic settings. She is a senior lecturer for the MSc in 'Psychotherapeutic Approaches to Mental Health' jointly run by WLMHT and Bucks New University. She also has a private practice in North London.

**William Meredith-Owen**

William is a supervising analyst of the SAP and training analyst of the BPF, having recently retired as a Joint Editor-in-Chief of the Journal of Analytical Psychology. His particular interests are the interface of Jungian and Kleinian practice and the difficulties besetting training analyses. He is in private practice in Stratford-upon-Avon and London.

**Julia Paton**

Julia Paton is a member of the Society of Analytical Psychology and works in private practice in central London. She has worked at the Royal Marsden and Freedom from Torture and as a seminar leader at the WPF and the SAP.

**Christopher Perry**

Christopher is a supervising analyst of the SAP and Supervisor of SAP and the BPF. He has also been the Director of Training of the SAP. He is the author of 'Listen to the Voice Within: a Jungian Approach to Pastoral Care', which has been translated into Russian, and of several articles on analytical psychology and group analysis. He works in private practice, teaches on various psychotherapy trainings and was a member of the Russian Revival Project, and an expert witness for several years for Refugee and Migrant Justice in the UK.

**Malcolm Rushton**

Malcolm is a training analyst of the SAP and works in full time as an analyst in private practice. He has an interest in antiquities from various cultures as well as symbolism and shamanism in ancient art, this is expressed in his wide-ranging collection. His current exploration is of the presentation of extreme psychological states in television drama.

**Marica Rytovaara**

Marica is a training analyst of the SAP and on the Editorial Advisory Board for the Journal of Analytical Psychology. She is a Training Analyst for the Association of Child Psychotherapists and works full time as a Consultant in Adolescent Psychotherapy in an NHS Adolescent Inpatient Unit. She has a small private practice in North London.

**Martin Schmidt**

Martin Schmidt is a Jungian analyst (training analyst of the Society of Analytical Psychology, London) psychologist and lecturer on the post-graduate arts therapies programmes at the Universities of Roehampton and Hertfordshire. He is in private practice in London and teaches widely both in the UK and abroad. His paper 'Psychic Skin: psychotic defences, borderline process and delusions' (Feb 2012, Vol 57, no 1) won the Fordham prize for best clinical paper in the JAP in 2012 and was nominated for the Gradiva award by the National Association for the Advancement of Psychoanalysis, New York in 2013. He is currently the IAAP liaison person for Serbia and provides support, teaching and supervision for Jungian analysts and trainees in Serbia, Ukraine and Kazakhstan.

**Elizabeth Urban**

Elizabeth Urban is a training analyst of the Society of Analytical Psychology and a member of the Association of Child Psychotherapists. She was co-organiser to the Child Analytic Training at the SAP before it was closed in 2005. Until recently she worked with infants and parents in an NHS psychiatric in-patient mother-baby unit. She holds a long-standing interest in, and has published a number of papers on, Fordham's model and early development, and the contribution of developmental and neurological research to our understanding. She works in private practice with adults and supervises child psychotherapists.

**Marcus West**

Marcus West is a Training Analyst of the Society of Analytical Psychology and UK Editor-in-chief of the Journal of Analytical Psychology. He is the author of a number of published papers, one of which won the Michael Fordham Prize in 2004, and three books: Understanding Dreams in Clinical Practice; Feeling, Being and the Sense of Self; and Into the Darkest Places - Early Relational Trauma and Borderline States of Mind. He works in private practice in West Sussex.

**Jan Wiener**

Jan is the Director of Training at the SAP and a supervising analyst for the Society of Analytical Psychology and the British Psychotherapy Foundation. She worked until recently as Consultant Adult Psychotherapist at Forest House Psychotherapy Clinic in London and now is in private practice. She is an author of a number of papers, chapters and three books on subjects such as training, ethics, transference and supervision.

**Robert Withers**

Robert is an SAP member in private practice at the Rock Clinic Brighton, which he co-founded with his wife Melanie Withers in 1990. His 1979 thesis, 'Towards a Psychology of Homeopathy' applied Jung's approach to alchemy to the understanding homeopathy. The thesis proposed that the roots of homeopathy lie in the alchemical medicine of Paracelsus and that Jung's insights into the psychology of alchemy can therefore help illuminate the psychological mechanisms at work in homeopathy. He has written and lectured widely on this and a number of related topics. He is currently senior lecturer in mind body medicine on the M.Sc. program at the inter-university College Graz.

**Susanna Wright**

Susanna Wright is a supervising analyst of the Society of Analytical Psychology, and a Training Therapist and Supervisor for the British Psychotherapy Foundation and Westminster Pastoral Foundation. She has an MA in the psychodynamics of organisations and has worked in organisational consultancy. She recently retired as a co-Editor in Chief of the Journal of Analytical Psychology and works in private practice in North London.

**Ali Zarbafi**

Ali Zarbafi is a Jungian Analyst with 20 years clinical experience in the NHS and private practice. He is founder member of the Multi-lingual Psychotherapy Centre and co-author of 'Social Dreaming in the 20th Century: The world we are losing'.

## What recent Foundations Course participants have said...

*"The SAP Foundations Course has been deeply stimulating and satisfying. I expected a fairly academic introduction to Jungian thinking. Instead, it has been a very personal experience of learning and sharing with tutors and other participants."*

*"I am a professional in the field and this is not the first course I have attended so far. The Foundation Course at SAP has been outstanding, inspirational, with the right balance of high calibre academic lectures and experiential group activities; it has helped me in my work with patients and encouraged me to pursue further training. I highly recommend it."*

*"It's been a stimulating, thought-provoking and moving experience provided by a marvellously diverse range of inspiring analysts in the company of curious, compassionate and sometimes challenging people. Thank you."*

*"It has been a thoroughly worthwhile experience: a chance to learn from expert Jungian practitioners, accompanied by a diverse group of people whose warmth and engagement have helped make this a true learning opportunity. All in a wonderful setting surrounded by books. What more could I ask?"*

*"It has been a unique experience in the sense of finding out more about Jung and Analytical Psychology. Also, the dynamics of the small group sessions were amazing and, to me, it gave an opportunity for self-reflection and even self-discovery. It has been a wonderful journey."*

*"I found the foundations course very informative as well as a rich and engaging experience. I particularly appreciated the teaching style which I think distinguishes the SAP: sincere and thoughtful as well as grounded in the personal experience of the analysts. I really enjoyed the discussion groups, which helped me further digest the concepts, ask questions and share impressions and personal experiences in a thoughtful and emotionally engaging way with the other participants. I have also met new colleagues and people with similar interests, which in itself has been very valuable."*