

CERTIFICATE/DIPLOMA IN SUPERVISION

Training in Psychodynamic Supervision with a Jungian Emphasis



A one-year CPD clinical training course

This advanced course delivered by experienced clinicians is for practitioners with a minimum of 3 years' clinical experience post-qualification who are registered with BPC or UKCP or accredited with BACP. Participants are required to have their own supervision in place by the start of the course. A psychodynamic training and substantial experience of psychodynamic therapy/analysis are required.

Course

This leads to a two tier award - either to the SAP Certificate in Supervision or, with the addition of a written paper, to the SAP Diploma in Supervision which satisfies the requirements for membership of the British Association for Psychoanalytic and Psychodynamic Supervision.

The course is in two strands:

Theory and Practice of Supervision:

10 **monthly** Saturday workshops (9:30 am—3 pm) at the SAP

They are led by senior SAP analysts, including contributors and editors of three leading books in the field.

Supervision of Supervision:

Weekly groups run by senior SAP analysts.

To apply

Application forms and further information from: Urvi Bhatt, Education Manager

tel: 020 7419 8898 email: training@thesap.org.uk or on our website at

<http://www.thesap.org.uk/training-and-events/advanced-professional-development-courses/certificate-and-diploma-in-supervision>

General course information

Duration: 10 Saturdays, one Saturday per month, (October – July)

Venue: The Society of Analytical Psychology,

1 Daleham Gardens, London, NW3 5BY

Convenor: Miranda Alcock

Course Fee: £1500

Supervision of Supervision Fee: £900

Total CPD Hours: 55 hours of seminars + 60 hours of supervision of supervision

Course content

Below is a representative list of topics covered in the programme

- The Transition from Psychotherapist to Supervisor
- The Supervisory Frame: Boundaries in Supervision
- Is There a Jungian Approach to Supervision?
- Supervision and Ethics
- Assessment of Supervisees and their Patients
- Supervision and the Law
- Transference and Countertransference Dynamics in Supervision
- Interpretation in Supervision
- The Erotic Transference in Supervision
- Jungian Concepts in Supervision
- Supervision in Organisations
- Shame in Supervision
- Supervising Work involving Early Trauma or Abuse
- Supervising Beginner Counsellors and Therapists
- Supervision for Brief and Intermittent Therapy
- Supervising Work with Addiction
- Supervision by Skype
- Working with Cultural Difference in Supervision
- Reverie in Supervision
- Endings in Supervision

About the speakers...

Jay Barlow is the Deputy Director of Training at the SAP and has an MA in Jungian and Post-Jungian Studies. He has worked as a psychoanalytic psychotherapist in the NHS and is currently a clinical supervisor, seminar leader and tutor at WPF Therapy. He has a private practice in Clapham.

Anna Bravesmith works in the NHS and provides Dynamic Interpersonal Therapy (DIT); she also supervises DIT practitioners and provides training in DIT. Currently she is working on developing research on 'Using dreams within the DIT model' and on Curiosity. She trains analytic supervisors and works in private practice. She provides psychotherapy for women who had suffered genital mutilation and been traumatised. This is one of her areas of specialisation. Her interest in Brief Dynamic Therapy is combined with a commitment to combine new techniques with the depth of Jungian analytic thinking and intuition.

Christine Driver is a training analyst of the SAP. She was Director of Training at WPF Therapy and previously ran their supervision training and teaches, supervises and works in private practice. She has written and co-edited *Being and Relating in Psychotherapy. Ontology and Therapeutic Practice* (Palgrave 2013), *Supervision and the Analytic Attitude* (Whurr 2005) and *Supervising Psychotherapy* (Sage 2002). She has also written a number of articles and undertaken research into psychology and religion.

Suzanne Hyde is an SAP Jungian analyst and experienced Supervisor working mainly in private practice. She also teaches clinical technique seminars to Advanced Diploma trainees at the Counselling Foundation in St Albans, and on the 2x weekly psychotherapy course at the SAP. She specializes in bereavement and has worked for a Hospice in a counselling/supervisory capacity for 12 years. Suzanne is also Film and Culture Editor for the *Journal of Analytical Psychology*.

Clare Landgrebe is a Training Analyst of the Society of Analytical Psychology and has a private practice in West Sussex. She originally trained as a Social Worker and then worked as a couple counsellor and supervisor for Relate. She lectures and teaches in London and Sussex and has developed the SAP's Therapeutic Skills course.

Julia Paton is a member of the SAP and her first career was as a solicitor. She works in private practice in the west end of London.

Joy Schaverien PhD is a Training Analyst of the Society of Analytical Psychology with a private practice in the East Midlands. She is Visiting Professor at the Northern Programme for Art Psychotherapy (University of Sheffield). She teaches internationally and is a member of the Editorial Board for the *Journal of Analytical Psychology*. Her many publications include three books on the erotic transference: *Desire and the Female Therapist* (1995), *The Dying Patient in Psychotherapy: Desire Dreams and Individuation* (new edition forthcoming) and *Gender, Countertransference and the Erotic Transference* (2006). Her much acclaimed book *Boarding School Syndrome* was published in 2015.

Arthur Sherman is a Member of the SAP in private practice in London. He has taught widely in different Jungian training institutions.

Marcus West is a Training Analyst of the Society of Analytical Psychology and is the UK Editor-elect of the *Journal of Analytical Psychology*. He teaches extensively in this country and abroad and is a visiting lecturer

at the University of Essex. He is the author of a number of published papers and book chapters and was joint winner of the Michael Fordham Prize in 2004. He is the author of three books, published by Karnac, 'Feeling, Being & the Sense of Self', 'Understanding Dreams in Clinical Practice', and his most recent book, published in 2016, 'Into the Darkest Places - Early relational trauma and borderline states of mind'. He works in private practice in West Sussex.

Jan Wiener is the Director of Training at the SAP and also a supervising analyst for the Society of Analytical Psychology and the British Psychotherapy Foundation. She worked until recently as Consultant Adult Psychotherapist at Forest House Psychotherapy Clinic in London and now is in private practice. She is Vice President of the International Association of Analytical Psychology and author of a number of papers, chapters and three books on subjects such as training, ethics, transference and supervision.

Hessel Willemsen, DCLinPsych, studied chemistry at Delft University, clinical psychology at Leiden University and completed his analytic training at the Society of Analytical Psychology (SAP), London, where he is a Supervising and Training Analyst. He is on the Editorial Board of the Journal of Analytical Psychology. Interests include affect, the body, time, temporality and philosophy and the work of Primo Levi. He recently edited, with Ladson Hinton, *Temporality and Shame – Perspectives from Psychoanalysis and Philosophy* (Routledge 2018) which is nominated for a 2018 American Board & Academy of Psychoanalysis Book Prize.

Ali Zarbafi is a Jungian Analyst with 20 years clinical experience in the NHS and private practice. He is founder member of the Multi-lingual Psychotherapy Centre and co-author of 'Social Dreaming in the 20th Century: The world we are losing'.

About the SAP members currently facilitating the Supervision Course...

Miranda Alcock (Convenor)

Miranda Alcock is a member of the SAP who has a private and supervision practice in Surrey as an Organisational Consultant. She has worked extensively in NGOs and the Public Sector. She has worked on Group Relations Conferences as Director and Consultant for the last 30 years. She has taught and supervised at the Department of Psychosocial Studies at Birkbeck College and at the Tavistock and Portman NHS Trust. Her specialism is supervising clinicians working with addiction and Refugee Practitioners.

Vernon Yorke (Co-facilitator)

Vernon Yorke is a Training and Supervising analyst of the SAP. He teaches and supervises for the SAP and for WPF Therapy and works in private practice. He has written a chapter called 'Bion's 'Vertex' as a Supervisory Object' in *Supervision and the Analytic Attitude* (Whurr 2005).

What recent Supervision Course participants have said...

"I thoroughly enjoyed the supervision course, especially the format of having a presentation by different SAP analysts with special interests. The opportunity to discuss the presentation within small groups afterwards was extremely valuable and gave the opportunity to grapple with questions raised. The mix of trainees was stimulating and there was a huge amount of knowledge and experience on offer.

Especially good was the input of the staff members running the seminars and more of their own work would have been welcome. I liked the learning through listening and discussion rather than too much in the way of tasks, but this may be a personal preference.

I do think that it is a pity the course is not affiliated to a university so that a second MA year can be added. It felt a discussion had begun and ended too soon."

"The different aspects of the SAP supervision course, from the small supervision of supervision groups to the lectures and discussion groups, together seemed to create something that operated at real depth. The thinking about and discussion of supervision over the year produced something equivalent to a move from a two dimensional to a three dimensional experience and understanding.

My experience of the SAP as a whole was of an institution with integrity and transparency. I was impressed with its 'open' attitude - open to our feedback and open-minded with respect to different modalities, ways of working and approaches. I felt able to speak and learn with confidence.

I felt my supervisor and the trainers running the course were excellent and I learnt a huge amount from them. I was sorry to leave as this ended my interaction with them and I really enjoyed the stimulating environment and lively discussions."

"The course itself was interesting and broad-reaching. I left feeling I had been given the ground rules for safe supervision. There were some hiccups in administration and organisation which were not good but they have not in any way left me with anything but a feeling that I am very happy I trained with the SAP and would definitely go back for other workshops/training.

Also the library is wonderful! Overall I think I made a very good choice!!!"

"A very interesting training, covering a range of diverse aspects related to supervision. I enjoyed the majority of seminars, and found the group discussions stimulating. The most enjoyable, challenging and rewarding aspect for me was the group supervision of supervision, where so much learning took place. This was a very good experience for me and I would highly recommend it. The lectures and small groups were well held, thought provoking and certainly supported my transition from therapist to supervisor. There was an openness to different approaches all held within a broadly Jungian frame and I really appreciated this very much and felt I learnt a lot over the course of the year.

Many thanks to all involved"