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Psychodynamic Psychotherapy Training

Term 1: January 2016

Historical Perspectives

Weeks 6-10

Bob Withers

General Books

Boston process study group (2010) *Change in Psychotherapy; a unifying paradigm* Norton New York **(Core)**

Fonagy P and Target M (2003) *Psychoanalytic theories; Perspectives from developmental psychopathology* Whurr London and Philadelphia **(Essential)**

Fonagy P (2001) *Attachment theory and psychoanalysis* Other Press **(Background)**

Holmes J (1993) *John Bowlby and attachment theory* Routledge London and New York **(Essential)**

Kalsched D (2013) *Trauma and the Soul* Routledge London and New York **(Core)**

Knox J. (2003) *Archetype, Attachment, Analysis; Jungian Analysis and the emergent mind* Brunner-Routledge Hove and New York **(Core)**

Mahler M et al (1975) *The psychological birth of the human infant* Maresfield library London **(Background)**

Seminars 1 and 2: Contemporary perspectives on the unconscious

Boston process study group (2010) *The foundational level of psychodynamic meaning: Implicit process in relation to conflict, defense and the dynamic unconscious*. In *Change in Psychotherapy: A unifying Paradigm* Chap. 6 pp.143-160. Norton: London & New York (ISBN: 978-0-393-70599-7)

Knox J. (2003) *The Making of Meaning: The formation of internal working models*. In *Archetype, Attachment, Analysis: Jungian psychology and the emergent mind* chap. 4 pp.70-103. Brunner-Routledge: Hove (ISBN:1583911286)

Barghe J. and Morsella E. (2008) *The Unconscious mind* in *Perspectives in Psychological Science*. 2008 January; 3(1): 73–79. (A look at some of the contemporary social and cognitive psychological research on the unconscious mind; available free on line) **(Optional reading)**

	Reference Shelf	Paper in box	Website
Core	Yes	Yes	Yes
Essential	Yes	All attempts will be made to put in box	
Background	Yes		

Seminars 3 and 4: Object relations

Segal, H. (1985) The Klein—Bion Model p.35-47. In *Models of the Mind: Their Relationships to Clinical Work* p.35-47. International Universities Press inc.: New York (ISBN: 0823634108) **Available on PepWeb**

Withers R. (ed.) (2003) Controversy one: prospects for the Jung/Klein synthesis. In *Controversies in analytical psychology* p.[6]-48. Routledge Hove and New York (ISBN: 0415233054)

Note: Copyright restrictions mean that only the first section by Elizabeth Urban ie p.[6]-22 can be digitized. For the rest, please refer to the reference shelf in the library.

Fonagy P and Target M (2003) Chapter 6 p. 85-100 in *The Klein Bion model* **(Optional reading) Available on PepWeb**

Seminars 5 and 6: Object relations

Kalsched D (2013) Psychoanalytic approaches to the inner world. In *Trauma and the Soul* Chapter 6 pp.187-213. Routledge: London (ISBN: 9780415681452)

Winnicott D W (1974) Fear of Breakdown In *Psychoanalytic Explorations* pp.87-95 Harvard Uni Press: Boston

Ogden, T.H. (1985) The Mother, the Infant and the Matrix: Interpretations of Aspects of the work of Donald Winnicott. *Contemp. Psychoanal.*, 21:346-371. **(Optional reading) Available on PepWeb**

Fonagy P and Target M (2003) Chapter 8 North American object relations theorists in *Psychoanalytic theories; Perspectives from developmental psychopathology* Whurr London and Philadelphia **(Optional reading) Available on PepWeb**

Seminars 7 and 8: Attachment and emergence

Holmes J. (1993) Attachment, anxiety, internal working models. In *John Bowlby and attachment theory* p.61-85. Routledge: London and New York (ISBN: 0415077303)

Ogden, T. (2014) *Fear of breakdown and the unlived life*. *International Journal of Psychoanalysis* April 2014 V 95 Issue 2 p 205-223 (ISSN: 0020-7578)

Fonagy, P. (1999) *Points of contact and divergence between psychoanalytic and attachment theories: Is psychoanalytic theory truly different?* *Psychoanalytic Inquiry*, 19:448-480. **(Optional reading)**

Seminars 9 and 10 Attachment and emergence

Ogden, T.H. (1994) *The Analytic Third: Working with Intersubjective Clinical Facts*. *Int. J. Psycho-Anal.*, 75:3-19. **Available on PEPweb**

Knox, J. (2003) *The process of change in analysis and the role of the analyst*. In *Archetype, Attachment, Analysis: Jungian psychology and the emergent mind* chap. 7 pp.167-201. Routledge: London (ISBN: 1583911294)

Mahler M (1975) Part 1 *Separation—individuation in perspective*. In *The psychological birth of the human infant* Maresfield library London **(Optional reading)**