



THE SOCIETY OF ANALYTICAL PSYCHOLOGY

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Training in Adult Analysis

Year 3: Spring 2016

Depression

Paul Goldreich

Background Reading:

Freud, S (1917) Mourning and Melancholia in: Standard Edition Vol 14, SE pp 239–269. London: Hogarth Press **Available via PepWeb**

Styron, W (1990) Darkness visible: a Memoir of Madness. New York: Random House (ISBN: 978099285571)

Seminar 1:

Lucas, R (2009) Managing depression – psychoanalytic psychotherapy, antidepressants or both? in *The Psychotic Wavelength: a Psychoanalytic Perspective for Psychiatry*. London: Routledge (ISBN: 0415484693)

Steinberg, W (1989) Depression: A Study of Jung's Ideas. JAP 34.4: 339-362 (ISSN: 0021-8774) **Available via PepWeb**

Seminar 2:

Hubback, J (1983) Depressed patients and the coniunctio. In *People who do things to each other: essays in Analytical Psychology* pp.118-134. Wilmette, Illinois: Chiron (ISBN: 0933029217)

and in the *Journal of Analytical Psychology* 1983, **28**, 313-327 (0021-8774) **Available via PepWeb**

Winnicott, DW (1935{1975}) The Manic Defence in: *Collected Papers: Through Paediatrics to Psychoanalysis* pp. 129-144 London: Hogarth Press and the Institute of Psychoanalysis (ISBN: 0701203994) **Available via PepWeb**

	Reference Shelf	Paper in box	Website
Core	Yes	Yes	Yes
Essential	Yes	All attempts will be made to put in box	
Background	Yes		