



## THE SOCIETY OF ANALYTICAL PSYCHOLOGY

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### Adult Analysis

Year 3: Spring 2016

The Body in the Consulting Room

Susanna Wright

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#### Seminar 1: The somatising patient

- Ogden, T (2001) 'Re-minding the Body' in *Conversations at the Frontier of Dreaming*, p.155-174. New Jersey and London: Jason Aronson (ISBN: 1855759063)
- Connolly, A (2013) 'Out of the body: embodiment and its vicissitudes', *Journal of Analytical Psychology*, 58:5, p. 636–656, November 2013

**Note: This article is not on PepWeb yet because it is quite recent. However, you should be able to access it on the JAP website through your trainee subscription. Please let us know if there are any problems with accessing the article and we'll source it for you through the library.**

- Sidoli, M (1993) 'When the meaning gets lost in the body', *Journal of Analytical Psychology*, 38:2, p.175-190 [Available via pepweb](#)

#### Seminar 2: The analyst's psyche-soma in the countertransference

- Redfearn, J (2000) 'Possible psychosomatic hazards to the therapist: patients as self objects', *Journal of Analytical Psychology*, 45:2, p.177-194. [Available via pepweb](#)
- Stone, M (2006) 'The analyst's body as tuning fork: embodied resonance in countertransference'. *Journal of Analytical Psychology*, 51:1, p.109-124 [Available via pepweb](#)

#### Seminar 3: Observations on the body-mind divide

- Mitrani, J (2008) 'Pseudo-object relations: Illustration', in *A Framework for the Imaginary – Clinical Explorations in Primitive States of Being*, p.171-203. London: Karnac (ISBN: 1568214790)
- Winnicott, D W (1987) 'Mind and its relation to the psyche-soma' [1949] in *Through Paediatrics to Psycho-Analysis*, p.243-254. London: The Hogarth Press (ISBN: 0701203994)

[Available via pepweb](#)

	Reference Shelf	Paper in box	Website
Core	Yes	Yes	Yes
Essential	Yes	All attempts will be made to put in box	
Background	Yes		

### Recommended further reading:

- Anzieu, D (1989) *The Notion of a skin ego in The Skin Ego: A Psychological Approach to the Self*. Yale University Press:
- Clark, G (1996) 'The animating body: psychoid substance as a mutual experience of psychosomatic disorder'. *Journal of Analytical Psychology*, 41:3.
- Fordham, M (1985) 'Jungian views of body-mind'. Ch 12 in *Explorations into the Self*. London: Academic Press
- Gaddini, E (1987) 'Notes on the mind-body question'. *International Journal of Psychoanalysis*, 68, p.315
- Jung, C G (1926) 'Spirit and Life'. In *The structure and dynamics of the psyche* CW 8, pp. 319-337. London: Routledge & Kegan Paul
- Lombardi, Riccardo (2002) 'Primitive Mental States and the Body: A Personal View of Ferrari's Concrete Original Object'. *International Journal of Psychoanalysis*, 83, 2, 363-381
- McDougall, J (1989) Ch 1 & 2 in *Theatres of the Body: A Psychoanalytic Approach to Psychosomatic Illness*. London: Free Association Books
- Pally, R (2000) 'Emotional Processing: The Mind-Body Connection'. Ch 4 in *The Mind-Brain Relationship*. London, Karnac Books.
- Sassenfeld, A (2008) 'The body in Jung's work: Basic elements to lay the foundation for a theory of technique'. *Journal of Jungian Theory and Practice*, 10,1, 1-13.