Psychodynamic Psychotherapy Training

Term 7: Spring 2016
Dreams, Imagination and the Development of the Symbolic Capacity
Joy Schaverien, Helen Odell-Miller & Jenny Duckham

The background reading for the first three seminars in this series will *The Dying Patient in Psychotherapy*
If you have time to read it before the seminars that would be great but otherwise we will approach aspects of it as we go along.

**Week 1**

4.00 – 6.00. The Interpretation of Dreams - Freud and Jung
The focus of this week is the differences in approach of Freud and Jung towards dreams and between free association and active imagination


6.30 – 8.00 – The Role of Dreams in Clinical Work - Thinking visually

**Week 2**

4.00 – 6.00 The role of Dreams as Unconscious Communication: Jungian Approaches


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<th>Core</th>
<th>Reference Shelf</th>
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<td>Yes</td>
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<td>Essential</td>
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6.30 – 8.00 The role of Dreams in Clinical work - Practical focus on clinical material

Week 3

4.00 – 6.00 Interpreting Dreams – Dreams and Transference


6.30 – 8.00 Interpreting Dreams in the Consulting Room.

Week 4

4.00 – 6.00 Analytical Art Psychotherapy
This week we will consider the role of pictures presented in analysis.


6.30 – 8.00 Further discussion or possible image making

Week 5

4.00 – 6.00 Active Imagination and Amplification


6.30 – 8.00 - Active Imagination (DVD - Murray Stein)

**Week 6**

4.00 – 6.00 *Imagination and The Capacity to Symbolise*


**Background Reading:**


6.30 – 8.00 Visual case study the pictures from the chapter above

**Week 7**

4.00 – 6.00 *Psychosis and Patients who are unable to Symbolise*

  
  Also in (1973) *Analytical Psychology a Modern Science* editor M Fordham London Heinemann


6.30 – 8.00 Discussion topic to be agreed with the group.
**Week 8 – Being led by Helen Odell-Miller**


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**Week 9-10 – being led by Jenny Duckham**

To begin I want to recommend that each student reaches for the best possible version they can find of their own most favourite fairy tale (or myth) and then if possible read anything they can find to hand referring to that story e.g. in Bruno Bettleheim’s book on ‘The Uses of Enchantment’ (see below) or in the books written about fairy tales by Marie Louise Von Franz (see below) which might be already on their shelves or indeed references to fairy tales in the newspapers or novels (e.g. Harry Potter or Lord of the Rings. Tolkien) or elsewhere.

**Core Reading**


**Background reading**


